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KIROLOUNGE

Chiropractic Clinic
Corporate Health Talks



ABOUT KIROLOUNGE

Kirolounge is the first venture started by The Ignite Chiropractic Group Pte Ltd. Our vision is to bring Extraordinary Health for Everyday people. We take pride in creating a friendly and homely environment for people to take the next step in maximizing their health.

Kirolounge focuses on a holistic, natural, and non-invasive mode of healthcare targeting the health of the spine and nervous system.

OUR EXPERTISE

Good posture and healthy movement is integral to the continued health of an individual. Chiropractic adjustments targeting the misalignments of the spine and skeleton enable the body to regain its normal healthy nervous system and joint function and provide symptomatic relief.

CHIROPRACTIC CARE

Our chiropractors are specialized in the location, analysis, and correction of misalignments of the spine, using a variety of techniques in order to provide quality chiropractic care to different people and address specific needs.

FREE CORPORATE HEALTH TALKS

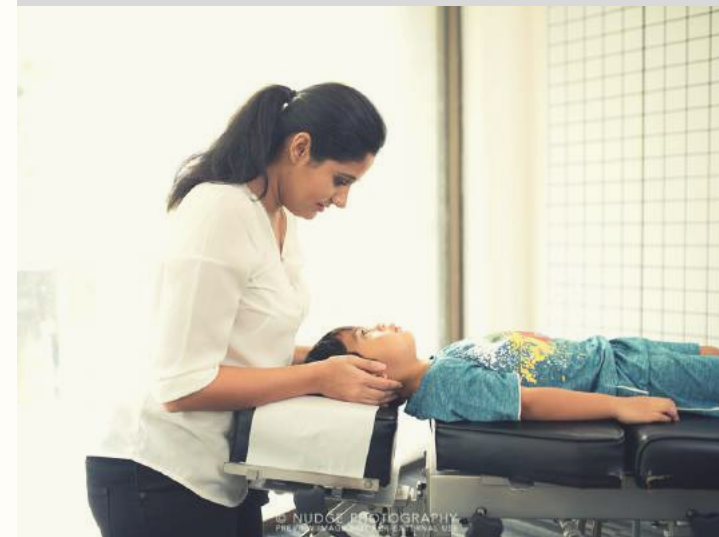
We provide educational talks to promote natural palliative, corrective, and preventative care in the public sphere. The talks can be catered to the needs of your company.

COMPLIMENTARY FOOT SCANS

A foot scan can show you how imbalances in the feet can lead to problems in the knees, hips, back and shoulders. Following a foot scan, a report will provide you a Pronation/Stability Index, a Foot Assessment, and a Body Assessment.

CORPORATE RATES FOR OUR WELLNESS MEMBERSHIP

We offer a reduced rate for the attendees of our corporate talks, as well as their families.



CHIROPRACTIC

NON-INVASIVE

Chiropractic promotes a mode of healing that is non-surgical and drug free. Gentle chiropractic adjustments remove stresses from the nervous system in an effective manner.

NATURAL

We promote natural healing via the innate inborn intelligence of the body.

EFFECTIVE

We utilize a variety of techniques targeting malpositioning of bones and joints, as well as soft tissue and cranial work.

Our brains coordinate and regulate all systems in our body through our spinal cord and nerves.

Chiropractors make sure that this brain-body connection is in the best condition it can be, free from any interference that disrupts vital information in the system.

Our bodies then can function, heal and thrive at its optimal health.

Conditions managed through regular chiropractic care (not limited to):

- Asthma
- Attention Deficit Disorder
- Autism
- Blood Pressure
- Carpal Tunnel Syndrome
- Chronic Neck Pain
- Colic
- Degenerative Joint Disease
- Disc Herniation
- Forward Head Posture
- Gastroesophageal Reflux
- Headaches and Migraines
- Immune Function
- Low Back Pain
- Multiple Sclerosis
- Poor Posture
- Pregnancy-related Pain
- Radiculopathy
- Numbness and Tingling
- Repetitive Stress



ABOUT MYSELF

Dr Limin is a Singaporean, born and bred here and call this place home.

She pursued studies in chiropractic after going to a chiropractor when she was 17 years old. Growing up, chiropractic helped her to deal with a lot of the physical, chemical, and mental stresses present - including helping her with digestion and pain issues.

She was hugely attracted to the holistic message of chiropractic - a non-invasive, drug-free approach to healing that aims to support the body so that it can heal at its optimum potential. Since that time, she has seen the transformation that natural healing can bring to so many people, including herself, her family, and her patients. She aims to educate and adjust as many people as possible, making the world a better place.



DR LIU LIMIN

B.Sc (Chiro) (NZ)
CHIROPRACTOR

DR AYMUN KAMAL

B.Sc (Chiro) (NZ)
CHIROPRACTOR

ABOUT MYSELF

Dr Aymun was born in Pakistan, raised in New Zealand, and now calls Singapore home. She graduated from the New Zealand College of Chiropractic with a degree of Bachelor of Chiropractic.

She always wanted to work in the health industry and help people be the best version of themselves. After finishing high school, she discovered Chiropractic through a friend and has never looked back. The holistic message of Chiropractic resonated with her philosophy of health - that a properly balanced and optimum functioning nervous system, free from interference enabled us all to function at our full potential and be as healthy as possible.

Dr. Aymun sees babies, children, and adults reach their optimum health potential through gentle, natural chiropractic care.

